



Luvo Lucent IPL Hair Removal Patient Instructions

Prior to Treatment

- Do not pluck, wax, use a depilatory, thread, or undergo electrolysis in the areas you wish to have treated for 4-6 weeks prior to hair removal treatment.
- Shave the area 24 hours before treatment.
- Avoid deodorants and facial or body moisturizers on areas being treated.
- Do not tan the areas to be treated for 4-6 weeks prior to treatment.
- Avoid using self-tanning products for 2 weeks prior to treatment.
- Numbing cream (topical lidocaine 5%, can be purchased from pharmacy or Amazon), should be applied to the area that will be treated an hour prior to your appointment.

After Treatment

- Some redness and swelling in the area after treatment is considered normal and may feel similar to a sunburn. This should resolve within 1-2 hours after treatment. You can use Aloe Vera or cold compresses if needed to alleviate symptoms.
- Do not soak in hot tubs or have a hot bath for 24 hours.
- Do not work out to point of perspiration as extreme itchiness or blisters may develop.
- Avoid deodorant for 24 hours if underarms were treated.
- Avoid irritant topical products (glycolics, retinoids, etc.) for seven days after treatment.
- Apply sunscreen to the treated area for 6 weeks if the area will be exposed to the sun.
- If a blister or open area occurs, apply a topical antibiotic ointment like bacitracin or neosporin.
- Retinoids and other skin care products can be restarted after the treatment once the skin has healed, which can take 1-2 weeks.

If you have any concerns or questions, please do not hesitate to reach out to us at (503) 226-3376.